



Women's Manifesto

WOMEN'S MANIFESTO

A women's initiative for women empowerment and social welfare
 Newsletter

Women's Summit



Women's Manifesto organized "Women's Summit" under the sponsorship of Human Welfare Foundation. Ms. Fraheen Malick, member of Delhi Commission for Women inaugurated the program. "Delhi Commission for Women plays a major role for the betterment of the existing condition of women. But the women have to utilize the services." She said while delivering key note address in Women's Summit held at The Scholar School, Jamia Nagar, New Delhi on 17th April, 2016. Hakim (Mrs.) Ummul Fazal, former director of CCURM was the guest of honour. Hasrat Ali, Crime against Women Cell also attended the program. Ms. Shabnam Saifi, introduced about the organizers and the theme "women

entrepreneurship".

The program followed by the demonstration of self defence training by the trainers of Crime against Women Cell of Delhi Police and first aid training by Dr. Hamna from AIIMS.

Different stalls were put up in the event that gave importance to the theme of the summit which include stalls of handicrafts, paper craft, painting, food corner and mehendi art. Free career guidance, counselling and legal aid were provided in the program. DNIP stall gave an introduction to palliative care to the visitors. Alshifa Hospital conducted free medical checkup and provided free medicines to poor patients. Women's Manifesto and Human Welfare Foundation stalls were arranged to exhibit their activities. Students of different schools presented their cultural programs as a part of the event.



Around 300 women from different states who are residing in Delhi for their study/job purposes took part in this event. Women's Manifesto's General Secretary Mrs. Sharnas Muthu, Executive Member Shabeena and, People's Foundation Trustee Mrs. Rahmatunnisa presented mementos to the guests. Women's Manifesto Executive Members Sana Parveen and Majida coordinated the program and stalls respectively. The program started with the welcome address by Ms. Umme Fatima and ended with the vote of thanks by Sayema Zafar.



Felicitation of Women's Achievers

Every year Women's Manifesto felicitates women achievers of the Previous year in the field of academics, sports and co-curricular activities at University, State and National level. A total of seven women achievers of the year 2015 were felicitated by Women's Manifesto in the Women's Summit, 2016:



Dr. Heifa Shakri

Adila Matra



Zamarrud Parveen

Saani Shakeel

Kiran Kumari

RSC Professional Development Programme

Royal Society of Chemistry (RSC), UK conducted a Professional Development Programme as part of its Yusuf Hamied Inspirational Chemistry Programme on 22nd and 23rd October, 2016 at The Scholar School, Abul Fazal Enclave, Jamia Nagar, New Delhi in association with Women's Manifesto for school teachers teaching science. The aim of this programme was to give teachers new tools for delivering and engaging effective science lessons. It was a capacity building exercise for teachers, helping them to move from rote to active learning methods and thus making learning a joyful experience for the students by encouraging the natural curiosity of students to ask questions. Mrs Vimla Oak, the resource person trained twenty five teachers from eight schools who participated in this two days' workshop



Shameela

Kushnuma Nazz



Guidance and Counselling Programme

Women's Manifesto conducted career guidance and counselling program sponsored by Human Welfare Foundation in different schools and community level. School based programmes give a platform to cover the adolescent girls' group in a systematic manner and on regular basis whereas community level programmes focus to cover non-school going girls, their parents and other stakeholders. We conducted five programmes at school level and four programmes at community level in November and December 2016 where 334 students and home makers participated. Programme consists of sessions on Social Awareness, Legal Awareness, Career Guidance, Personality Development and Health Awareness. Presentation is followed by group and individual counselling.



Socio-Legal Awareness programme

Socio-legal Awareness Programme was conducted at Mithapur Extension, Part-2, Badarpur, New Delhi, on Saturday 24 December 2016, Where they had discussions on social issues concerned with women, talks on Constitutional Rights and other women related laws. Twenty nine women from different backgrounds participated in the programme.



Skill Development Programmes

Women's Manifesto organised skill development programme for ladies in association with Human Welfare Foundation. Two days Workshop on Hand Embroidery was conducted on 14th and 15th November 2016. This programme was organised to provide training



on advance embroideries. Thirty nine women participated in the programme. Women were trained on different stitching patterns such as cross stitch, backward stitch, running stitch, chain stitch, button hole stitch, jute work, ribbon embroidery, kuresia work etc.

Workshop on Macrame Work was conducted at Meethapur, New Delhi on 6 January 2017 and Okhla Vihar, on 19 January 2017. Where 42 ladies were trained on macramé work.

Dress Distribution Program

Women's Manifesto and Delhi Malayali Halqa jointly distributed winter clothes to Rohingya Refugees in Madanpurkhadar and Sram Vihar, New Delhi in December 2016. Team interacted with refugees regarding their basic needs and distributed winter cloths to sixty seven families.



Medical Relief

Three free health camps were organised in Jamia Nagar area by Alshifa Hospital to cardio, chest, kidney, urology, high risk babies, infertility, gynaecology and eye patients. Being a partner of the program Women's Manifesto volunteers actively participated in survey and medical camp. 800 patients got free check-up for further check-ups they were given 50% discount. Women's Manifesto facilitated for treatment of eight poor patients.



India in My Dreams

Women's Manifesto organised painting competition on "India in my dreams" for the children at slum area of Shram Vihar, Shaheen Bagh, New Delhi on the occasion of republic day, 26th January 2017. Fifty five migrant children from Burma, Bihar, Assam and UP participated in the competition with zeal. The competition was conducted in sub-juniors, juniors, and senior level. Trophies and medals were distributed among the winners.



Training Programme on 'Gender & Gender Role'

Training programme on 'Gender or Gender Role' was organised by Women's Manifesto in association with Breakthrough NGO on 11th February 2017. Twenty four youth participated in the training programme. Session was taken by Ms. Priyanka, where she talked on gender and explained the difference between gender, sex and sexuality, understanding the gender based work or roles and their responsibility within the family. She educated the participants about the prevailing mental situation of the society and how it can be moulded at individual level.



Admission Facilitation

Admission orientation program was conducted in different places across India at the time of admission to Central Universities and professional institutions. Hundreds of girls and boys benefitted from the program. Accommodation facilities were arranged for more than 50 girls during the process of admission.

Scholarship and Sponsorship

One bright school girl and a graduate student who were not able to continue their education were adopted by Women's Manifesto for the academic year 2016-17. They were given all expenses to ensure their admission. We assisted seven girls for their education.

Editorial Board : Sana Parveen, Nadiya Abdul Rasheed, Sharnas Muthu, Shabnam Saifi

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